

Synergica Treatments at Body Guru Health & Beauty Wellness Centre

The great limit of beauty treatments is that they only act on the epidermis. Helping active ingredients to penetrate deep into the cutis is therefore essential for the success of any skin care method.

Now, from a synergy of the most advanced beauty technologies comes SYNERGICA MULTICOLOR, a revolutionary system that exploits the potential of biodynamic energy and coloured pulsed light to act directly on the cellular membrane and provoke temporary readjustment of the epidermal cells to aid the migration of active principles from the epidermis into the deepest skin layers.

Once they have been applied to the surface of the skin, highly researched cosmetic compounds penetrate the most vital layers of the cutis by means of electro-osmosis to treat skin flaws as hyperpigmentation, cellulite build-up, atrophy and toneless tissue, stretch marks, scars, swelling, wrinkles and mood signs, skin dehydration, couperose and capillaries.

The special wave formations work synergically together with the coloured pulsed light to exercise a tropic effect on the skin tissue, increasing cellular metabolism and surface vasodilatation and reactivating circulation deep into the cutis.

The combined action of these methods temporarily increase the permeability of the cellular structures by means of special electrical impulses that momentarily adjust the structure of the epidermis and help the gradual penetration of the molecules of the active principles applied

The potential difference induced by the applied energies, combined with the special vibrating current and the potential of the coloured pulsed light creates an electron flow that affects the liquids in the intercellular spaces, draining the tissue and increasing temporarily the skin permeability by activating the exchanges of ions in the intracellular spaces and in cellular membrane. The pulsed light is projected at the same time as the vibrating current to stimulate the receptors and aid muscle toning and the draining of liquids from the intercellular spaces. As result this special synergy between biodynamic energy and coloured pulsed light allows the transepidermic delivery of active principle totally respecting the biological structure of the tissue.

The effects of biodynamic energy

- penetrates the skin, firming up collagen and stimulating the production of new cells,
- evens up pore size, compacts the dermis and brightens skin radiance,
- energizes cells,
- biostimulates the skin
- regenerates tissue
- harmonizes the various energy relationships between the various tissue elements
- vasodilates the arterioles and capillaries
- increases blood flow
- has anti-edema, anti-inflammatory, eutrophic effects as well as stimulating tissue metabolism
- accelerates beauty care results
- combats skin-ageing
- helps prevent cutis and breast atony

What is chromatherapy

Chromatherapy is an alternative therapy which uses colours to help body and mind to find again their natural balance. It has been used to facilitate healing since the beginning of recorded time. 6000 years ago chromotherapy was considered as the "medicine of the gods" and legends say that in the mythical gardens of Babylon people cured themselves thanks to the thousands of colours and perfumes of innumerable plants and flowers.

The ancient Egyptians, Romans, Greeks and other major cultures make significant medical use of light and colour. They instinctively recognized the Sun as the primary source of longevity, health and healing.

The first Greek philosopher Pythagoras used colour for healing five hundred years before the birth of Christ. Others classical philosophers such as Hippocrates, Plato, Aristotle and Pliny, all tried to explain the mysteries that colour contains, In astrology, specific

colours have traditionally been associated with the different plants. Einstein's inspiration in the 20th century changed everything. Colour and light took a quantum leap forward.

At the most fundamental level, your life and everything in creation, is built on light. What we are seeing now, in these exciting and interesting times is the marriage of ancient wisdom with modern technology.

Today, most recent discoveries confirm the validity of using colours for healing and harmonizing the balance of body and mind.

How does chromotherapy work?

Today the therapeutic application of light and colour are being investigated in major hospitals and research centres, and used in beauty farms and clinics worldwide.

A recent scientific study disclosed that each cell in the body emits light. Colour works thought and in us, in every nerve, cell, gland and muscle.

Our body, our organs, muscles, cells and nerves all have a level of vibration. When our body becomes out of balance, diseases occur. Each colour has its own frequency, vibration and has effect upon each of us. Chromotherapy uses this approach to restore cells to an even level of balance and to stimulate the healing processes.

Colours Properties

YELLOW

In beauty treatments, yellow has many important and efficacious functions. It brings strength and harmony to the central nerve system, and can therefore be used on all pravertabral areas with a consequent positive effect on all the organs situated at the from to body such as the stomach, intestine and bladder. It also has a detoxifying effect on skin tissue and is particularly suited to all kinds of skin suffering from asphyxia and impurities.

RED

In chromothereapy, red is considered to be the colour of life, of the glowing sun and of fire. Red is said to increase the pulse rate, to raise the blood pressure and the rate of breathing. As a result it is particularly suited to the treatment of poor energy levels. Red has stimulating, energising effects on both blood circulation and the entire sensory system. In the field of beauty treatment it is used for is firming and toning effects.

BLUE

In beauty treatments Blue is largely used for its soothing, relaxing and antiseptic properties. Blue light is particularly suited to the treatments of same diseases of the circulatory system, above all it's highly efficacious for the reduction of teleangectasis, capillaries and coupersoe. Blue is the colour of silence, calm and peace. Furthermore is also relaxing and soothing for the eyes. Blue energy alleviates agony and pain we suffer from physical stress having a pacifying effect over our nervous system. It's ideal in cases of acne thanks to its bactericide and calming properties.

The Jellies and what they are used for.

White Bilberry Jelly – Soothing Formula
The sweetest solution

Active Principles

White Bilberry

Decongestant and anti-redness qualities.
Protects the blood vessel walls and stop capillary dilation.

Blackberry extract
Strengthens the capillaries.

Betaglucan
Revitalises the immunitary system
Protects against redness and inflammations.
Soothes the irradiations.

Results

Redness is noticeably reduced while the epidermis becomes decidedly brighter and more flexible. Ideal for skin that suffers from fragile capillaries and acne inflammation.

Forest Fruit Jelly

Breast Firming Formula
An explosion of tonicity for the décolleté

Wild strawberry
Brings a vast quantity of vitamin C.
Combats free radicals.
Improves blood circulation
Stimulates the production of new collagen fibres

Fermented Soya Proteins
Stimulate the formation of collagen and elastine

Palmitoyl Oligopetide
Stimulates cell renewal

Results

Cellular metabolism is notably stimulated.
Epidermis is firmed and the décolleté gets a new and visible tonicity.

Red Apple Jelly

Firming Formula
A boost of energy against fatigue

Red Apple

Brings vitamins and mineral salts.
Has energetic and toning qualities
Contains pectines that have a firming effect on the skin.

Euglena Gracilis extract

Revitalises cellular metabolism
Stimulates the release of calcium
Encourages the synthesis of ATP, the molecule that supplies energy to our vital functions

Results

After a month of treatment the epidermis is visibly better toned and firmer, and signs of tiredness disappear.

Banana Jelly

Moisturising Formula
A Potassium concentrate for a long-lasting moisturising

Banana

Brings potassium to the skin
Has remarkable moisturising properties

Imperata cilindrica extract

Helps the cells maintain a perfect water balance.
Gives the skin the elements it needs for a long-lasting moisturising.

Mixture of carbohydrates

Traps the moisture contained in the air in the stratum corneum.
Protects the epidermis effectively against foreign agents.

Wheat hydrolyzed proteins

Carry out a softening and dermo-protective action.

Pineapple Jelly

Draining Formula
An effective cocktail of active principles to remove swellings

Pineapple

Brings bromelin, an enzyme that has a valuable decongestant effect.
Releases water retention and improves the draining of liquids.

Ginkgo Biloba

Effectively reactivates the microcirculation.
Brings nourishment to the tissues

Escin

Increases the resistance of capillaries.
Stimulates the microcirculation
Improves draining functions

Centella asiatica

Has a toning effect and improves the elasticity of the tissues
Improves skin's exchanges
Stimulates fibroblasts' activity

Results

Microcirculation is notably stimulated and swelling considerably reduced.

Papaya Jelly

Anti-age Formula
A supply of vitamins and collagen to combat wrinkles

Papaya

Brings vitamins A, C and E
Has distinct anti-oxidant and anti free radical qualities
Stimulates the production of collagen.

Palmitoyl Pentapeptide-3

Stimulates the production of collagen
Enhances the skin's restoring and regenerating processes

Carica Papaya

Carries out a strong action against free radicals
Combats cellular ageing.

Results

Cellular renewal is accelerated considerably. Wrinkles are visibly reduced

Mango Jelly

Lipo Cell Formula
The formula which acts on fatty cells to reshape your silhouette

Mango

Brings Beta-carotene to the body.
Has remarkable antioxidant and anti free radicals properties

Bupleurum Chinensis

Stimulates lipase and the elimination of adipose build-up

Caffein

Carries out an effective lipolytic action

Results

The silhouette is gradually reshaped. Flaws such as cellulite build up and orange peel skin are visibly reduced.
The tissue is toned and firm

Lemon Jelly

Bleaching formula

Make your skin brighter reducing skin's stains

Lemon Contains Citric acid, a natural bleaching, astringent and stimulating agent
Has moisturising and soothing properties.

Diacetyl Boldine

Regulates the formation of skin's stains by ensuring that tyrosinase, the enzyme responsible for melanin synthesis, remains inactive.

Results

The complexion is kept clear, even and bright. The treated area looks younger and smoother.
Especially researched for Asian skin, where any hyperpigmented areas are immediately lightened.

Sour Black Cherry Jelly

Body Toning Formula

Recover your strength to stay young and tonic

Sour Black Cherry

Brings polyphenols to the body.
Powerful antioxidant and anti free radicals
Combats premature skin ageing

Rahnella

Rich in growth factors
Toning effect with more flexible skin tissue

Palmitoyl Oligopeptide

Stimulates the synthesis of collagen

Soy Fermented Proteins

Stimulate the production of new collagen and elastine fibres

Results

Stimulates cellular metabolism and tones the cutis
The skin becomes particularly soft and silky.

Raspberry Jelly

Stretch-Marks Formula

Revitalises the body and prevents stretch-marks

Raspberry

Brings malic acid, citric acid and polyphenols to the body.
Stimulates skin exfoliation

Darutoside

Cicatrizes stretch marks as soon as they form.
Helps regenerate the collagen and elastine fibres.

Centella asiatica

Toning effect with more flexible skin tissue
Improves skin's exchanges
Stimulates fibroblasts' activity

Soy Extract

Inhibits elastase enzyme
Keeps the fibres younger and more elastic

Results

Recent stretch –marks are noticeable smoothed away
The epidermis immediately acquires better ton, becomes more elastic and is protected effectively against the risk of new stretch marks.